# Our Trees Mi Árbol



#### DIVINE LOVE TREE



The divine love tree has by objective to give ourselves in a context of emotional maturity.

In this process, affectivity and spirituality interfere, which are values that act by faith and emotions.

Truth and forgiveness fill this idea and this feeling with harmony. They are the principal base of relationships between humans, and humans with the place they belong.



#### SENSUALITY AND ACCEPTANCE TREE



Sensuality is to canalize, to translate a desire throughout the body. Accept us how we really are, in the process of physical love, is very important to have a healthy and integral process. (I love, you love...)

Where are the limits for giving and receiving love?

HAPPINESS IS THE ANSWER.

The objective of love is to accept and give ourselves. The happiness that produces giving

is translated in love. Search the harmony and truth in all the things

you need to give and receive. This will set you FREE.

That's why this tree has in the base of its foliage the red color that means the sensual love (physical love). In the highest part has pink that means divine love, and white that means purity and harmony.

THE ANSWERS ARE INSIDE YOU. Cecilia Renero P.



Mi árbol®

#### CHANGE AND ADVANCE TREE

Mi árbol.



Change, along Advance means to convert and feel satisfied for maintaining us the way we decided.

To feel advance and change in our life, satisfaction and believing in us is the key. Something in our inner selves tells us what to do. We just have to learn to hear ourselves.

Our need to be different is what makes us accept ourselves the way we are.

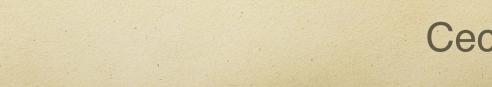
But the point is, we have to accept ourselves, assume our responsibility to be better

every day, and consciously figure out where we want to go, starting this instant. This second that makes the difference between what we are and that what we were. Value yourself, 'cause you are a being of light that's learning like we all do. We're in the same learning path. Take advantage of what life and nature are offering you; observe how everything changes; what's today will not

be tomorrow. It can be different if you're constantly thinking of it and you act NOW.

Harmony is the most important issue, 'cause it's not about being someone else, but not to exaggerate, and just accept us with our wonderful characteristics. Permit to start again. It's going to be ok. Enjoy it.

That's why this tree has in the base of its foliage the color purple, which means change. In its highest part, it transforms to transparent or white, that means purity and harmony.



#### PURITY AND HARMONY TREE



Harmony is an objective that is searched through all universal values like: Spiritual, ethical, intellectual, esthetical, affective, physical and economical.

We must understand that the experiences we live, the things we want, what we learn and obtain, help us to live better. We do not have to live for them, because they jail us in our own needs, which become obsessions as well.

Harmony in our actions and things we want or have, will give us the stability we are searching outside our being. Happiness is within ourselves, not outside.

That's why this tree has as principal characteristic the transparency of its leaves, that allow it to adapt to any background. Its brightness and luminosity are more than enough to make it beautiful and authentic.

Free yourself from those external things that hide your brilliance. You don't need masks, ornaments, nor possessions. Try harmonizing yourself; this will give you emotional stability.

Don't depend.



#### TREE OF HOPE



Hope is not a plan. I consider that HOPE is a feeling that invades our BEING at moments of uncertainty. In our need to confirm that our problems will be solved, appears hope, that gives human beings the virtue of trusting in something or someone superior; so we can accomplish what we want. For example, if we were in front of the sea maybe we think about our hopes and needs to fulfill our life, as if the sea could give back with its tide what we are asking for. The sea will always returns something to us, from food to inner peace, but maybe it is not going to be in the form that we were expecting. We will have to pick its gifts in every come and go of a wave. The feeling that invades us while we are waiting to pick the fattest fish, or the prettiest and greatest shell, is HOPE. We'll always gather something. All the energy of the universe is for us, we only have to think it, feel it, ask it and then be patient. It will arrive... This tree has leaves that simulates see shells, that help us reaffirm our hope in satisfying our deepest needs.



### WILLAND PROTECTION TREE



Will is a quality. How many times we've heard "I'll do it when I want to".

When I hear this, I think... Are they really going to do it? When they want to? I have observed and realized that this generally doesn't work that way. Possibly, what happens is we're not conscious and convinced:

The only affected is myself. And while time passes I'm becoming more incapable of looking inside me to find the answers. It's worth to ask ourselves, consciously: Do I really like myself?

What advantages I earn maintaining my position?

How much I love myself to make the effort of achieving, little by little, step-by-step, day-by-day, my dream? Dreaming is easy. To make a real change, without forgetting that this decision is for our own good and that's part of our spiritual growth process, we'll have to trust ourselves and our inner force.

This is the motor that gives us will to do what we've fighting for, without pretext. Just recognize it's worth trying.

Free yourself from that confused ego.

The protection is in our mind, spirit, and attitude, which must be positive towards life and experiences every day.

Sounds easy? ....It is. Someone told me: "Do your part, God will do his." You must focus consciously on things you can change. The things you can't, must figure out when they'll have to. Don't accelerate, let your inner positive energy works and makes you feel safe and secure.

Everything is ok.

This tree has in the base of its foliage the color blue, which means protection. In the highest part it transforms to transparent or white, that means purity and harmony.



#### WEALTH AND DEVOTION TREE



Wealth is in nature and we all deserve it. We have to learn how it works. For example, trees give us their fruit through the four seasons of every year. We must know their process for sowing the seeds and picking fruits.

This beautiful cycle works in the same way with us. For example, the seeds we must plant are: the constant thinking of deserving wealth, and the habit of giving and letting go things. These will put the cycle to work, and the results of it will show up always, as the fruits. This is a law of life.

That's why this tree has it the base of its foliage an orange color that means wealth. In the

highest part it has gold that means knowledge and wisdom, which helps harmonizing wealth. We must clearly know what we want, plus being aware and ready to pick up the fruits or results we sowed. In the same way you'll give..... you'll receive.

Think about it.



#### DIVINE LIGHT AND WISDOM TREE



The objective of knowledge and wisdom is the truth about things. You can reach truth with study, self-knowledge, observation and thinking. Reason and intellect are the tools to increase our thought skills. We have to use them for us and for helping others. We all have acquire knowledge in very different ways. In a scientific way it refers to what we've learned from outside, like school, books, etc. They're the laws of cosmos and they are unchangeable. In an empiric way it refers to what we've learned of experiences through our life. Knowledge is learned and teached from one another. But if you learn to observe yourself by BEING PRESENT and IN THE MOMENT you will acquire wisdom by self-consciousness and observation. We must try to open our senses to take advantage of all the information that appears around us.

Wisdom is in everything that surrounds us, but it appears invisible until you learn to listen and observe with your perception, consciousness and intuition.

That's why this tree has in the base of its foliage a dark gold that means wisdom. The golden color helps opening perception channels that allow us to consciously analyze all the information we receive and experiment.

In its highest part it transforms into a bright golden color that means divine light, and ends in a transparent or white color that means purity and harmony.



Try to stay aware.

#### FULLNESS LIFE TREE



From the beginning of humanity, our relation with trees has been very close, by discovering aspects of them which are necessary for our existence: Food, shelter and fire.

Far ahead we learned to give trees their symbolic meaning through our culture and religion. Now, trees are part of our physical, mental and spiritual life.

The tree by itself is a microcosm full of life like the human being. The relationship between this two is a very essential part of the COSMOS and its vital cycle.

The colors in this foliage, starting from the base or heart of the tree outwards, symbolize the following:

RED - LOVE

BLUE - PROTECTION

GREEN - HEALTH AND TRUTH

ORANGE - WEALTH

GOLD - KNOWLEDGE AND WISDOM

This tree is like human beings, full of colors and meanings. The most important thing is HARMONIZE

and accept ourselves as unique, and complete beings, with a potential of action as great as our creativity and will.



#### SUCCES AND WORK TREE



This tree has black, which means success in work, profession and money. It must be in the areas with the same name (work or money).

Feng-Shui is the art of balance, and helps men to live in harmony with nature. In this sense, color is one of the called cures that Feng-Shui puts in our service to live better, harmonizing our space.

The black means, among other things:

-Water

Besides, it helps absorbing energies and thwarting lack of light.

Feng-Shui is at our service and we must have common sense not to exaggerate,

applying it with the clear information of an expert, but in an intuitive way too.

And I'll repeat what I've mentioned before:

Feng-Shui is the art of balance, and helps men to live in harmony with nature.



#### HEALTH AND TRUTH TREE



Health and truth are two universal values. In the search of healing, we find two thoughts:

what depends on us, and what doesn't. Your attitude with these two thoughts will change your physical, mental and spiritual process radically.

Truth is a very important part in the process through healing. It puts human beings inside a context of absolute honesty. We CAN'T fool ourselves.

Know and learn what affects you. This will give you strength to learn about this process, and your doubts will disappear. Hear yourself: the answers to your questions are inside you, in YOUR truth.

That's why this tree has in the base of its foliage a dark and light green that means health and truth. In the highest part it has gold that means knowledge and wisdom. Hear, know, harmonize, and heal yourself. You can do it.

Free yourself!



#### CYCLES AND DETACHMENT TREE



In spring time Jacaranda trees finish their cycle, offering us just for a few days a wonderful spectacle with its flower colors filling of light every space. Imagine how much strength and energy it develops during the four seasons to bring us such a beautiful experience.

When a cycle starts in our life, noticing or not, we forcely change and no one scapes. How much aware we are of what's happening to us? Few of us are fully conscious. Who are we, what do we want, where are we and where do we want to go? Everything else are expectations. Letting flow is one of the keys, but how do we flow?

Recognizing that sometimes adult mind bases its happiness in the illusion that everything belongs to us. If we don't work this aspect in a personal and conscious way, "here and now", we'll attach to emotions, people or objects and this won't let us live in peace. Nothing belongs to us at all, there are only processes and cycles that start and end. And most important, transform us.

Detachment is to recognize and acknowledge that this need lives only in our mind. Just look at yourself in the mirror, touch your body and observe your open hands. You'll see there's a space between your fingers, and that space is detachment. When does attachment is born? When you search outside

yourself. When we flow we let things happen and arrange themselves. Just as the day starts and ends, that way we born, grow up, reproduce and die. Breathe, exhale and ask yourself: What do you want to do with this?



#### CALM SEATREE



Creative force, that is inside every one of us, cleanses and revitalizes the body. We are all part of the same world that created the whole nature. We, as the sea, are all made of the same substances. Water is the cradle in the mother's womb, it is the environment where we build "ALL" our history, and as an essential part of it we move with and in it.

The calm that we observe when we are seeing the sea is a proposal to exercise the muscle of peace. Remember your first experience of life floating in the womb of your mother. The trust, experiencing the longing to be happy. Just by immersing in the sea we can feel the creative

power and join its movement and strength. As the sea, our task is to flow and take advantage of every

movement and environment inertia to adapt naturally to what happens outside, and realize that inside of us is the opportunity of "being".

Finally we all are made of the same.

Just as the womb is our "inside" and gives us the opportunity to ponder, so the "outside" can gives us the ability to act and be calm when we are living the present moment.

This tree has different colors with shades of blue that try to imitate the sea and its nuances, ranging from shades with greater depths towards the transparency of the sea.



#### SEASTORMTREE



This tree symbolically represents a path, as the great evolutionary path of the human being, who without any knowledge has come to prove to himself that in the turbulence is where we learn to know our worth, our strength.

Within each of us there is the same basic matter that forms everything on earth, the same that in the depth unites the continents. Inside of us is the true knowledge of oneself and of the path to choose. All sorts of natural elements that symbolize our transformation will accompany us in this important task: The depths that gives us the opportunity to develop empathy and trust, the vegetation and the elements that nourish us on this planet, the

exercise to learn to see clear and discern what leads us to confusion or clarity, the result of erosion and learning represented in seashells and pearls, and finally transparency as one of the characteristics of the human being who has transformed himself in the turbulence of life, to self-shape and reformulate his mission in life, aware that we are only a process of change seeking the light from the surface.

This tree has different colors that imitate the elements of the deep sea, the colors of the earth, the vegetation; the bluish shades, from the dark tones to the clear ones, ending with the transparency of the sea and the pearly pearls and shells.



#### CERTAINTY TREE



This tree represents symbolically the certainty as the result of the permanence of the being attentive at all times.

It is reflective and conscious action; without waiting for a result, without any expectation, waiting for you to choose it as a way of life.

This tree is luminescent that represents the inner light in each one of us, always alive, attentive to you observing it and you realize its existence and the ability to illuminate your own path.

About a few seconds your tree to a source of light like a lamp on. Later it enjoys in complete darkness the luminescence of its leaves.

#### TRANSFORMATION TREE



Why do we perceive transformation so far of our capacities?

When life itself and we are on a constant transformation, second by second, since we were in our mothers womb.



#### SPRING TREE



Have you seen spring exploding and balancing everything that exists?



## TREE OF HOPE (made with IXTLE)



Made by weaver women.

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## PURITY AND HARMONY TREE (made with ZIRCONIAS)



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## Mi Arbol

This ideas are part of what I lived and had allowed me to be a person with virtues and defects.

We are here to learn from one another during a determinate period of time.

Our trees are part of the tools that can help you forgive, know, accept and transcend yourself.

Cecilia Renero P.

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